

Welcome to Highlands Biological Station Visitor Information Guide

We're excited to welcome you to the Highlands Biological Station! This guide includes helpful tips about your accommodations, what to bring, and how to make the most of your time on our campus. Please take a few minutes to look it over before your visit.

BEFORE YOU ARRIVE

What to Pack:

Here are some things you'll want to bring with you:

- Bedding: XL twin sheets or a sleeping bag, pillow, blanket (a mattress pad is optional)
- Towels & Toiletries: Don't forget personal hygiene items and laundry detergent
- Clothing & Footwear: Bring comfortable clothes for walking and exploring outdoors
- Food & Snacks: Especially if you plan to cook during your stay
- Medications & Personal Items: Anything else to make your stay comfortable

A Note About Groceries:

We recommend shopping before you get to Highlands. There are local stores in town, but prices may be higher than what you're used to.

DAY OF ARRIVAL

Directions & Address:

Check your confirmation email for your assigned residence address:

- 888 Horse Cove Road or
- 265 North Sixth Street, Highlands, NC 28741

Heads up: Cell service can be spotty in the area. Save your directions before you hit the road!

Check-In:

You're welcome to arrive anytime after 1:00 PM on the first day of your stay.

For after-hours issues, please call 828.526.2602 (Option 2) for assistance.

DURING YOUR STAY

Our Campus:

Highlands Biological Station sits on a beautiful 24-acre campus. Here's what's available for you:

- Nature Center: Free and open to the public. Visit highlandsbiological.org/nature-center for current hours.

- Botanical Garden: Open every day from dawn to dusk. Trail maps are located at each entrance.
- Reinke Library: Residents may browse during business hours—ask at the front office to check out books.
- Laundry: Located in Valentine House and in the Weyman Building across from Coker. Machines are free for guests—just bring your own detergent!

Housing Info:

Our accommodations have a cozy, shared setup—think of it like a mountain hostel. Be courteous to fellow guests and clean up after yourself in shared spaces like kitchens and bathrooms. More housing details can be found at highlandsbiological.org/about/housing.

Parking:

Designated guest parking is available near the Duplexes, Cottages, and Valentine House.

Important: Please remove food and trash from your car and keep it locked to avoid attracting bears.

Alcohol Policy:

Alcohol is allowed inside your residence, in accordance with university policies. Please drink responsibly.

Wildlife & Safety:

- Do not leave food outside or in your vehicle—this helps keep wildlife (especially bears) at a safe distance.
- Clean up thoroughly after using kitchens and common areas.

Maintenance Help:

If anything in your housing needs attention, just let our staff know at the Administration Building.

BEFORE YOU LEAVE

Please help us prepare for the next guests by doing the following before departure:

- ✓ Leave any keys or borrowed items in the designated spot
- ✓ Sweep floors and tidy up shared areas
- ✓ Clean the kitchen and wash any used dishes
- ✓ Remove all food from the fridge
- ✓ Wipe down the bathroom and leave it neat
- ✓ Check all drawers, cabinets, and closets for personal items
- ✓ Bag your trash and place it in the dumpster near the maintenance shop—don't forget to reattach the bear chain!

QUESTIONS?

If you need anything during your stay, visit the Administration Building or call us at 828.526.2602.

We're so glad you're here—thanks for helping us keep the Highlands Biological Station a clean, safe, and welcoming place for everyone!

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